

# DAILY PROGRAM



HURTIGRUTEN  
MS FRAM

FRIDAY, 23.12.2016 – ST ANDREWS



## OVERVIEW OF RESTAURANT TIMINGS

EARLY BIRD SELF SERVICE  
BREAKFAST BUFFET  
LUNCH BUFFET  
TEA TIME  
DINNERBUFFET

06:00 - 07:00  
07:00 - 09:30  
12:00 - 14:30  
15:30 - 17:00  
18:00 - 21:00

BISTRO, DECK 4  
RESTAURANT, DECK 4  
RESTAURANT, DECK 4  
PANORAMA LOUNGE, DECK 7  
RESTAURANT, DECK 4

Ca 08:00: We hope to do a landing at **St Andrews**. If wind and weather are not in our favour we will try a landing in Moltke Harbour. We will begin our landing by calling **group 5, 6, 7, 8**. As these are ca.100 passengers, we are going to have a short break - of ca. 45 minutes. The break will be announced over the PA system. **After the break, we call for groups 1, 2, 3, 4.**  
**Rubber boots are mandatory.**

South Georgia Landings:  
**Be ready for changeable weather.**

**Remember to return to the landing site immediately if the ship's horn sounds.**

**Expect to get splashed.**  
**Do not carry items in your hands when embarking and disembarking from the boats.**

**After the landing: Check your clothing and back packs:**  
**Vacuum if necessary.**  
You are able to use the vacuum system on deck 3 and 5.

09:00 Film: Framheim / English

*"Penguin Safari – The story of the King Penguin"*, 65 min. The film will be repeated until 12:00.

09:00 Film: Polhøgda / Chinese  
*"Meet the real penguin"*, 100 min.  
The film will be repeated until 12:00.

14:00 Film: Framheim / English  
*"Sinfonia Antarctica"* 150 min. The film will be repeated until 18:00.

14:00 Film: Polhøgda / Deutsch  
*"Pinguine-die Könige der Antarktis"* 53 min. The film will be repeated until 18:00.

20:00 & 21:00 Framheim / English  
Information about tomorrows plans.

20:00 Polhøgda / Deutsch  
Informationen zum morgigen Tag.

**From 21:30:** Decorate our Christmas tree while having a hot cup of Norwegian gløgg. Enjoy a little presentation of Norwegian Christmas traditions. GOD JUL!  
Panorama Lounge on deck 7  
**Please remember to cover your windows from light for the sake of the birds.**



**St. Andrews Bay:** According to the expedition team this is "just the most amazing place in the world", probably due to South Georgia's largest king penguin and elephant seal concentration. The bay is fully exposed to the open sea and the frequently occurring strong winds that plummet from the summits of the Allardyce Range (up to 2000m high). The 3km long fine dark sanded beach only gets inter-rupted by some rivers flowing from the Heaney, Buxton and Cook Glaciers.

Enjoy!