

DAILY PROGRAM



HURTIGRUTEN
MS FRAM

SATURDAY, 17.12.2016 – AT SEA



OVERVIEW OF RESTAURANT TIMINGS

EARLY BIRD SELF SERVICE
BREAKFAST BUFFET
LUNCH BUFFET
TEA TIME
DINNER MENU
DINNER MENU

06:00 - 07:30
07:00 - 09:30
12:00 - 14:30
15:30 - 17:00
18:00 1st seating
20:00 2nd seating

BISTRO, DECK 4
RESTAURANT, DECK 4
RESTAURANT, DECK 4
PANORAMA LOUNGE, DECK 7
RESTAURANT, DECK 4
RESTAURANT, DECK 4

08:30 – 10:30 You are welcome to pick up your [Expedition Jacket](#) on deck 2.

09:30 [Optional Excursions in the Falkland Islands \(Framheim, deck 4\)](#). A short presentation about the optional excursions available in the Falkland Islands.

09:30 [Informationen über Ausflüge in den Falklands \(Polhøgda, Deck 4\)](#)
Eine kurze Präsentation über die optionalen Exkursionen auf den Falklandinseln.

10:15 [Optional Excursions in the Falkland Islands \(CHINESE, Framheim, deck 4\)](#)

11:00 [Framheim / English](#)
Lecture: Seabirds-Adaptations for life at sea by Alejandra Núñez de la Mora

11:00 [Polhøgda / German](#)
Vortrag: Falklands Geschichte und Regierung von Adrian Rubio

14:00 [Booking deadline for excursions in Stanley](#)

14:30 [Framheim / English](#)
Lecture: Falklands history and government by Adrian Rubio

14:30 [Polhøgda / English with German translation, Vortrag: Seabirds: Adaptations for life at sea](#) von Alejandra Núñez - de la Mora

From 15:30 and onwards: "Rubber boot -Arctic Muck Boot" on deck 2 and 3. You

can try on a pair, and we show you down to the boot room, where you can set them on the rack sorted by cabin numbers for the duration of the voyage. If you brought your private rubber boots -please come down to deck 2 and have them placed on the rack on deck 2. We will call you by your Polar Circle Boat Group. The group lists are to be found on the info board deck 4.

16:45 [Polhøgda/Deutsch](#)
Information über unsere Anlandungen auf den Falkland Inseln.

16:45 [Framheim/Chinese](#)
Information about all our landings at the Falkland Islands.

18:00 & 20:00 [Framheim /English](#) Information about all our landings at the Falkland Islands

Please turn the page.

Bridge visit; If you wish to visit the bridge, please sign up at the Expedition Desk. -Sign up list are divided in languages. Timings and dates for bridge visits will be given in the daily program.

If you wish to have **dinner with some members of the expedition team** one evening during the expedition, please sign up at the Expedition Desk. An invitation with date and time will be sent to your cabin the day before. If we cannot accommodate all requests we will do a drawing of names.



Lying just 500 kilometres (310 miles) east of Tierra del Fuego, the **Falklands (Malvinas)** archipelago is better described, geologically anyway, as a part of Africa. The islands separated from Africa during the breakup of the super-continent Gondwana millions of years ago and have been moving steadily away at about the speed your fingernails grow. There is evidence to suggest that the Falklands, consisting of two large and around 700 small islands, were initially visited by Yahgans (Yàmana) or other peoples of coastal Patagonia. The first recorded sighting by Europeans was in 1592 by Englishman John Davis sailing in *Desire*. The islands' motto, *Desire the Right*, is a clever play on the ship's name.

We would like to inform you that all stated times and activities are changeable due to weather conditions, or other circumstances out of our control. We kindly remind you to take care walking around on the ship while at sea. Especially venturing out on deck, mind the signs for warning of wet and slippery. Be aware the doors toward the outer decks on 4, 5, 7 and 8 can be potentially dangerous in windy conditions. While walking inside, hold on to railings but not in door frames